

The 23rd Asian Cities Taekwondo Championships 第二十三屆亞洲城市跆拳道錦標賽

26th January, 2019

致：會長、秘書長

To: Presidents and Secretaries General

主旨：第二十三屆亞洲城市跆拳道錦標賽

Subject：The 23rd Asian Cities Taekwondo Championships

親愛的主席 / 秘書長

Dear President / Secretary General,

謹代表香港跆拳道協會致上最誠摯的問候及祝福！

On behalf of The Hong Kong Taekwondo Association, we hereby offer our sincere regards and blessings!

本會非常高興能夠邀請 您和代表隊參加第二十三屆亞洲城市跆拳道錦標賽，此賽事將於 2019 年 3 月 23 日及 24 日，在香港九龍尖沙咀九龍公園體育館舉行。

It is our pleasure to invite you and your team to participate in The 23rd Asian Cities Taekwondo Championships, which will be held at Kowloon Park Sport Centre, Tsim Sha Tsui, Kowloon in Hong Kong from March 23 to 24, 2019.

作為主辦單位，本會將盡最大的努力促使此賽事完滿成功。我們也希望 您們在此美麗的城市香港逗留期間，能有美好的經驗及驚艷的回憶。

Being the host, we will do our best to make this a successful event. We also hope that you will have wonderful experience and stunning memory during your stay in the beautiful city of Hong Kong.

隨函附上相關資料。我們期待能在香港與 您及 貴單位代表隊見面。

We enclose herewith the relevant information for your consideration and look forward to meeting you and your team in Hong Kong.

Yours faithfully,



Dato Sri. Dr. Ching Men Ky Carl
President of Hong Kong Taekwondo Association



The 23rd Asian Cities Taekwondo Championships

第二十三屆亞洲城市跆拳道錦標賽

Schedule 程序

22 nd Mar 2019	09:00 - 16:00	Arrival of Participants 各隊伍報到
	16:00 - 18:00	Weight-in for contestants by Teams 組別運動員過磅
	19:00 onwards	Drawing lots Auto Drawing System (in Close Doors) 電腦自動抽籤 (閉門形式)
	21:00 - 22:00	Tournament Schedule Distribution 派發賽程表
23 rd Mar 2019	12:30	Referee Meeting 裁判會議
	13:00	Head of Teams Meeting 領隊會議
	14:00 onwards	Competition: Poomsae (All) Prize Presentation after each event Kyorugi - Junior Males & Females 比賽: 品勢 (All) Prize Presentation after each event 搏擊 - 青少年男女子
	20:30 - 21:30	Prize Presentation 頒獎
24 th Mar 2019	09:00 onwards	Competition: Kyorugi - Cadet Males & Females, Senior Males & Females 比賽: 搏擊 - 兒童男女子及成年男女子
	15:00 - 17:00	Prize Presentation 頒獎
	19:00 onwards	Farewell Dinner 歡送晚宴 3/F, 612 Nathan Road, Good Hope Building, Mongkok, Kowloon *Meet at B P Int'l Hotel lobby pickup to Restaurant

Contact Persons (聯絡人):

For English & Cantonese (英語及廣東話): Mr. Brian Ozorio (安智光先生) 6757 2141 (by phone or whatsapp)

By WeChat id: Brian280

For Cantonese & Mandarin (廣東話及普通話): Mr. Lai Hau Shing, Paul (黎厚盛先生) 9022 9938 (by phone or whatsapp)

CHAMPIONSHIPS' OVERVIEW

- Organizer:** **Hong Kong Taekwondo Association**
Room 2012, Olympic House, 1 Stadium Path,
So Kon Po, Causeway Bay, Hong Kong
Tel: (852) 2504 8116 Fax: (852) 2881 0871
Email: hktkda@biznetvigator.com
Website: www.hktkda.com
- President:** Dato Sri. Dr. Ching Men Ky, Carl
- Date:** 23rd - 24th March 2019
- Venue:** Kowloon Park Sport Centre
22 Austin Road,
Tsim Sha Tsui, Kowloon, Hong Kong
- Qualification:** Holder of the nationality of the participating team
Recommended by the National Taekwondo Association or Club
Holder of World Taekwondo ("WT") or Kukkiwon Poom or Dan Certificate
- Competition Rules:** WT Kyorugi Competition Rules as of June 1, 2018
WT Poomsae Competition Rules as of March 19, 2014
Senior & Junior: Daedo PSS & Video Re-Play
Cadet: ESS System & Video Re-play
- Tournament Duration:** The duration of the tournament shall be three rounds with two minutes each round, and a one-minute rest period between each round. In case of a tie score after the 3rd round, a 4th round of one minute will be conducted as the Golden round, after a one-minute rest period following the 3rd round.
- The duration of each round may be adjusted to 1 minute x 3 rounds, 1 minute 30 seconds x 3 rounds or 2 minutes x 2 rounds at the sole discretion of the Technical Delegate for the pertinent Championships.
- Competition Method:** Kyorugi: Single elimination tournament system
Number of contestants in each country (one for each category)
Poomsae: Cut off system

Weight Category: Kyorugi

Cadet Division (Year 2005 – 2007)

Male:

1	Fin	(-33 kg)
2	Fly	(-37 kg)
3	Bantam	(-41 kg)
4	Feather	(-45 kg)
5	Light	(-49 kg)
6	Welter	(-53 kg)
7	L. Middle	(-57 kg)
8	Middle	(-61 kg)
9	L. Heavy	(-65 kg)
10	Heavy	(+65 kg)

Female:

1	Fin	(-29 kg)
2	Fly	(-33 kg)
3	Bantam	(-37 kg)
4	Feather	(-41 kg)
5	Light	(-44 kg)
6	Welter	(-47 kg)
7	L. Middle	(-51 kg)
8	Middle	(-55 kg)
9	L. Heavy	(-59 kg)
10	Heavy	(+59 kg)

Junior Division (Year 2002 – 2004)

Male:

1	Fin	(-45 kg)
2	Fly	(-48 kg)
3	Bantam	(-51 kg)
4	Feather	(-55 kg)
5	Light	(-59 kg)
6	Welter	(-63 kg)
7	L. Middle	(-68 kg)
8	Middle	(-73 kg)
9	L. Heavy	(-78 kg)
10	Heavy	(+78 kg)

Female:

1	Fin	(-42 kg)
2	Fly	(-44 kg)
3	Bantam	(-46 kg)
4	Feather	(-49 kg)
5	Light	(-52 kg)
6	Welter	(-55 kg)
7	L. Middle	(-59 kg)
8	Middle	(-63 kg)
9	L. Heavy	(-68 kg)
10	Heavy	(+68 kg)

Senior Division (Before Year 2002)

Male:

1	Fin	(-54 kg)
2	Fly	(-58 kg)
3	Bantam	(-63 kg)
4	Feather	(-68 kg)
5	Light	(-74 kg)
6	Welter	(-80 kg)
7	Middle	(-87 kg)
8	Heavy	(+87 kg)

Female:

1	Fin	(-46 kg)
2	Fly	(-49 kg)
3	Bantam	(-53 kg)
4	Feather	(-57 kg)
5	Light	(-62 kg)
6	Welter	(-67 kg)
7	Middle	(-73 kg)
8	Heavy	(+73 kg)

LIST OF TEAM MEMBERS

隊員名冊

Cadet Male (Year 2005 - 2007)

男子兒童級別 (2005 - 2007 年)

To: Hong Kong Taekwondo Association

Room 2012, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong

1. Nation 國家:

2. Officials 隨隊人員:

Position 職務	Full Name 姓名	D.O.B. 出生日期	Nationality 國籍	Passport No. 護照號碼
Leader 領隊				
Manager 管理				
Coach 總教練				
Trainer 教練				
Doctor 隊醫				
Others 其他				

3. Contestants 選手:

Weight 量級	Full Name 姓名	D.O.B. 出生日期	Nationality 國籍	Kukkiwon Certificate No. 國技院段證號碼
Fin 鰭量級 (-33kg)				
Fly 蠅量級 (-37kg)				
Bantam 雛量級 (-41kg)				
Feather 羽量級 (-45kg)				
Light 輕量級 (-49kg)				
Welter 中乙級 (-53kg)				
L.Middle 輕中量級 (-57kg)				
Middle 中量級 (-61kg)				
L.Heavy 輕重量級 (-65kg)				
Heavy 重量級 (+65kg)				

LIST OF TEAM MEMBERS

隊員名冊

Cadet Male (Year 2005 - 2007)

女子兒童級別 (2005 - 2007 年)

To: Hong Kong Taekwondo Association

Room 2012, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong

1. Nation 國家:

2. Officials 隨隊人員:

Position 職務	Full Name 姓名	D.O.B. 出生日期	Nationality 國籍	Passport No. 護照號碼
Leader 領隊				
Manager 管理				
Coach 總教練				
Trainer 教練				
Doctor 隊醫				
Others 其他				

3. Contestants 選手:

Weight 量級	Full Name 姓名	D.O.B. 出生日期	Nationality 國籍	Kukkiwon Certificate No. 國技院段證號碼
Fin 鱒量級 (-29kg)				
Fly 蠅量級 (-33kg)				
Bantam 雛量級 (-37kg)				
Feather 羽量級 (-41kg)				
Light 輕量級 (-44kg)				
Welter 中乙級 (-47kg)				
L.Middle 輕中量級 (-51kg)				
Middle 中量級 (-55kg)				
L.Heavy 輕重量級 (-59kg)				
Heavy 重量級 (+59kg)				

LIST OF TEAM MEMBERS

隊員名冊

Junior Male (Year 2002 - 2004)

男子青少年級別 (2002 - 2004 年)

To: Hong Kong Taekwondo Association

Room 2012, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong

1. Nation 國家:

2. Officials 隨隊人員:

Position 職務	Full Name 姓名	D.O.B. 出生日期	Nationality 國籍	Passport No. 護照號碼
Leader 領隊				
Manager 管理				
Coach 總教練				
Trainer 教練				
Doctor 隊醫				
Others 其他				

3. Contestants 選手:

Weight 量級	Full Name 姓名	D.O.B. 出生日期	Nationality 國籍	Kukkiwon Certificate No. 國技院段證號碼
Fin 鰭量級 (-45kg)				
Fly 蠅量級 (-48kg)				
Bantam 雛量級 (-51kg)				
Feather 羽量級 (-55kg)				
Light 輕量級 (-59kg)				
Welter 中乙級 (-63kg)				
L.Middle 輕中量級 (-68kg)				
Middle 中量級 (-73kg)				
L.Heavy 輕重量級 (-78kg)				
Heavy 重量級 (+78kg)				

LIST OF TEAM MEMBERS

隊員名冊

Junior Female (Year 2002 - 2004)

女子青少年級別 (2002 - 2004 年)

To: Hong Kong Taekwondo Association

Room 2012, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong

1. Nation 國家:

2. Officials 隨隊人員:

Position 職務	Full Name 姓名	D.O.B. 出生日期	Nationality 國籍	Passport No. 護照號碼
Leader 領隊				
Manager 管理				
Coach 總教練				
Trainer 教練				
Doctor 隊醫				
Others 其他				

3. Contestants 選手:

Weight 量級	Full Name 姓名	D.O.B. 出生日期	Nationality 國籍	Kukkiwon Certificate No. 國技院段證號碼
Fin 鱈量級 (-42kg)				
Fly 蠅量級 (-44kg)				
Bantam 雛量級 (-46kg)				
Feather 羽量級 (-49kg)				
Light 輕量級 (-52kg)				
Welter 中乙級 (-55kg)				
L.Middle 輕中量級 (-59kg)				
Middle 中量級 (-63kg)				
L.Heavy 輕重量級 (-68kg)				
Heavy 重量級 (+68kg)				

LIST OF TEAM MEMBERS

隊員名冊

Senior Male (Before Year 2002)

男子成人級別 (2002 年之前)

To: Hong Kong Taekwondo Association

Room 2012, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong

1. Nation 國家:

2. Officials 隨隊人員:

Position 職務	Full Name 姓名	D.O.B. 出生日期	Nationality 國籍	Passport No. 護照號碼
Leader 領隊				
Manager 管理				
Coach 總教練				
Trainer 教練				
Doctor 隊醫				
Others 其他				

3. Contestants 選手:

Weight 量級	Full Name 姓名	D.O.B. 出生日期	Nationality 國籍	Kukkiwon Certificate No. 國技院段證號碼
Fin 鰭量級 (-54kg)				
Fly 蠅量級 (-58kg)				
Bantam 雛量級 (-63kg)				
Feather 羽量級 (-68kg)				
Light 輕量級 (-74kg)				
Welter 中乙級 (-80kg)				
Middle 中量級 (-87kg)				
Heavy 重量級 (+87kg)				

LIST OF TEAM MEMBERS

隊員名冊

Senior Female (Before Year 2002)

成人女子級別 (2002 年之前)

To: Hong Kong Taekwondo Association

Room 2012, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong

1. Nation 國家:

2. Officials 隨隊人員:

Position 職務	Full Name 姓名	D.O.B. 出生日期	Nationality 國籍	Passport No. 護照號碼
Leader 領隊				
Manager 管理				
Coach 總教練				
Trainer 教練				
Doctor 隊醫				
Others 其他				

3. Contestants 選手:

Weight 量級	Full Name 姓名	D.O.B. 出生日期	Nationality 國籍	Kukkiwon Certificate No. 國技院段證號碼
Fin 鱈量級 (-46kg)				
Fly 蠅量級 (-49kg)				
Bantam 雛量級 (-53kg)				
Feather 羽量級 (-57kg)				
Light 輕量級 (-62kg)				
Welter 中乙級 (-67kg)				
Middle 中量級 (-73kg)				
Heavy 重量級 (+73kg)				

第二十三屆亞洲城市跆拳道錦標賽 – 品勢項目 (2019 年 3 月 23 日)
The 23rd Asian Cities Taekwondo Championships – Poomsae Competition
(23rd March 2019)

1. Cut off System 2. Single elimination tournament system
 篩選資格賽制 單淘汰賽制

Division 組別		級別	Age 年齡	Compulsory Poomsae 指定品勢
Cadet Colour Belt Individual 兒童 色帶 個人	Male 男子	Red 紅	Aged 10-11 2008 - 2009	Taegeuk 7 太極七章
		Red Black 紅黑	Aged 10-11 2008 - 2009	Taegeuk 8 太極八章
	Female 女子	Red 紅	Aged 10-11 2008 - 2009	Taegeuk 7 太極七章
		Red Black 紅黑	Aged 10-11 2008 - 2009	Taegeuk 8 太極八章
	Male 男子	Red 紅	Aged 12-14 2005 - 2007	Taegeuk 7 太極七章
		Red Black 紅黑	Aged 12-14 2005 - 2007	Taegeuk 8 太極八章
	Female 女子	Red 紅	Aged 12-14 2005 - 2007	Taegeuk 7 太極七章
		Red Black 紅黑	Aged 12-14 2005 - 2007	Taegeuk 8 太極八章

Division 組別			Age 年齡	Compulsory Poomsae 指定品勢
Cadet Poom Individual	兒童 品段 個人	Male 男子	Aged 12-14 2005 - 2007	Koryo / Taegeuk 7 高麗 / 太極七章
		Female 女子		
Cadet Poom Individual	兒童 品段 個人	Male 男子	Aged 10-11 2008 - 2009	Koryo / Taegeuk 6 高麗 / 太極六章
		Female 女子		

第二十三屆亞洲城市跆拳道錦標賽 – 品勢項目 (2019 年 3 月 23 日)
The 23rd Asian Cities Taekwondo Championships – Poomsae Competition
(23rd March 2019)

1. Cut off System 2. Single elimination tournament system
 篩選資格賽制 單淘汰賽制

Division 組別		Age 年齡	Compulsory Poomsae 指定品勢
Perform Two (2) Poomsae from the designated Poomsae each round 每局演示兩套指定品勢			
Junior / Senior 青少年 / 成人	Male 男子	Aged 15-17 2002 - 2004	Taegeuk 5, Taegeuk 6, Taegeuk 8, Koryo 太極五章, 太極六章, 太極八章, 高麗
		Under 30 1989 - 2001	Taegeuk 7, Taegeuk 8, Koryo, Taebak 太極七章, 太極八章, 高麗, 太白
		Under 40 1979 - 1988	Keumgang, Taebak, Pyongwon, Shipjin 金剛, 太白, 平原, 十進
		Over 41 Before 1978	Keumgang, Taebak, Pyongwon, Shipjin 金剛, 太白, 平原, 十進
	Female 女子	Aged 15-17 2002 - 2004	Taegeuk 5, Taegeuk 6, Taegeuk 8, Koryo 太極五章, 太極六章, 太極八章, 高麗
		Under 30 1989 - 2001	Taegeuk 7, Taegeuk 8, Koryo, Taebak 太極七章, 太極八章, 高麗, 太白
		Under 40 1979 - 1988	Keumgang, Taebak, Pyongwon, Shipjin 金剛, 太白, 平原, 十進
		Over 41 Before 1978	Keumgang, Taebak, Pyongwon, Shipjin 金剛, 太白, 平原, 十進

第二十三屆亞洲城市跆拳道錦標賽 – 品勢項目 (2019 年 3 月 23 日)
The 23rd Asian Cities Taekwondo Championships – Poomsae Competition
(23rd March 2019)

1. Cut off System 2. Single elimination tournament system
 篩選資格賽制 單淘汰賽

Division 組別		Age 年齡	Compulsory Poomsae 指定品勢
Perform Two (2) Poomsae from the designated Poomsae each round 每局演示兩套指定品勢			
Pair 雙人 Mixed 混雙	Cadet 兒童	Aged 10-11 2008 - 2009	Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7 太極四章, 太極五章, 太極六章, 太極七章
		Aged 12-14 2005 - 2007	Taegeuk 5, Taegeuk 6, Taegeuk 8, Koryo 太極五章, 太極六章, 太極八章, 高麗
	Junior 青少年	Aged 15-17 2002 - 2004	Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo 太極六章, 太極七章, 太極八章, 高麗
	Senior 成人	Aged 18-30 1989 – 2001	Taegeuk 7, Taegeuk 8, Koryo, Taebak 太極七章, 太極八章, 高麗, 太白
		Over 31 Before 1988	Keumgang, Taebak, Pyongwon, Shipjin 金剛, 太白, 平原, 十進
Team 團體 Male & Female 女子及 男子	Cadet 兒童	Aged 10-11 2008 - 2009	Taegeuk 4, Taegeuk 5, Taegeuk 6, Taegeuk 7 太極四章, 太極五章, 太極六章, 太極七章
		Aged 12-14 2005 - 2007	Taegeuk 5, Taegeuk 6, Taegeuk 8, Koryo 太極五章, 太極六章, 太極八章, 高麗
	Junior 青少年	Aged 15-17 2002 - 2004	Taegeuk 6, Taegeuk 7, Taegeuk 8, Koryo 太極六章, 太極七章, 太極八章, 高麗
	Senior 成人	Aged 18-30 1989 - 2001	Taegeuk 7, Taegeuk 8, Koryo, Taebak 太極七章, 太極八章, 高麗, 太白
		Over 31 Before 1988	Keumgang, Taebak, Pyongwon, Shipjin 金剛, 太白, 平原, 十進

男子個人組 / Male Individual (年齡組別 Age Group_____)						
姓名 Full Name	性別 Sex	護照號碼 Passport No.	出生日期 D.O.B.	國籍 Nationality	國技院段證號碼 Kukkiwon Certificate No.	
	男/M					
	男/M					
女子個人組 / Female Individual (年齡組別 Age Group_____)						
姓名 Full Name	性別 Sex	護照號碼 Passport No.	出生日期 D.O.B.	國籍 Nationality	國技院段證號碼 Kukkiwon Certificate No.	
	女/F					
	女/F					
男女混合組 / Mixed Pair (年齡組別 Age Group_____)						
編號 No.	姓名 Full Name	性別 Sex	護照號碼 Passport No.	出生日期 D.O.B.	國籍 Nationality	國技院段證號碼 Kukkiwon Certificate No.
1		男/M				
2		女/F				
男子三人團體組 / 3 Male Team (年齡組別 Age Group_____)						
編號 No.	姓名 Full Name	性別 Sex	護照號碼 Passport No.	出生日期 D.O.B.	國籍 Nationality	國技院段證號碼 Kukkiwon Certificate No.
1		男/M				
2		男/M				
3		男/M				
女子三人團體組 / 3 Female Team (年齡組別 Age Group_____)						
編號 No.	姓名 Full Name	性別 Sex	護照號碼 Passport No.	出生日期 D.O.B.	國籍 Nationality	國技院段證號碼 Kukkiwon Certificate No.
1		女/F				
2		女/F				
3		女/F				

Award

Kyorugi

Champion:	Gold Medal x 1
1 st runner-up:	Silver Medal x 1
2 nd runner-up:	Bronze Medal x 2

- ★ Overall Team Winners – Male and Female
(Cadet, Junior, Senior) (Champion, 1st runner-up, 2nd runner-up and 3rd runner-up)

Poomsae

Champion:	Gold Medal x 1
1 st runner-up:	Silver Medal x 1
2 nd runner-up:	Bronze Medal x 2

- ★ Overall Team Winners - Male and Female
(Cadet, Junior / Senior) (Champion, 1st runner-up, 2nd runner-up and 3rd runner-up)
- ★ Overall team winners will be decided according to the numbers of gold medals that each division / team won. In case that the numbers of gold medals are the same between the teams, it will then depend on the number of silver medals, or otherwise the number of the bronze medals. If the number of bronze medals are still the same, then it will then be decided by the number of games from the gold winners. The top four participating teams will receive trophies.

Registration Deadline:

Application Forms shall be completed and sent via email to the Organizer by 28th February, 2019.

Terms and Conditions of Participation

- a. Roundtrip airfares, Board and Lodging for the members of team officials & contestants shall be borne by the participating national association / federation.
- b. The Organizer will provide team transportation from airport to hotel, from hotel to airport, and between the Championships' venue and the venue of the farewell dinner.
- c. Please be noted that NO transportation pick up from and to airport will be provided for participants not staying at the official hotel.

Suggest Agent

Name: Vigor Tours Limited

Contact: Mr. Charles Chan

Address: Unit A-C, 22/F, 8 Hart Avenue, Tsim Sha Tsui, Kowloon

Tel.: (852) 2739 3362

Email: inbound@vigortours.com

Website: www.vigorholding.com

Official Hotel

Name: B P International Hotel
(Located very near to the competition area, walking distance 5 minutes)

Address: No.8 Austin Road, Tsim Sha Tsui, Kowloon.

Please arrange for the reservation at your earliest convenience.

The reservation deadline would be 16th February 2019.

ACCOMMODATION - B.P. International Hotel			
Room Type	Room rate (Per room per night)		Additional charges for Breakfast
Date	22 nd & 23 rd March 2019	24 th March 2019	HK\$90
Single Room	HK \$1,100	HK \$1,020	
Twin Room	HK \$1,100	HK \$1,020	
Extra Bed (per bed)	HK\$400		

Indemnities

- a. It shall be the responsibility of the respective national association/club to ensure that their contestants have validly completed the “Health Declaration Form” and that they are in possession of a valid entry visa. Any injury, damage, losses of whatever type or kind arising in any way in connection with the Championships and activities relating thereof (including without limitation, the farewell dinner) shall be the sole responsibility of the respective national association/club and/or the contestants (as the case may be).
- b. It shall be the responsibility of the respective national association/club to ensure that all officials and contestants are adequately and effectively covered by insurance.
- c. National association/club and/or contestants without proper participating documentation and/or effective insurance coverage shall not be allowed to compete.

Costumes for Contestants

- a. Daedo electronic gear recognized by The World Taekwondo (“WT”) is the official electronic gear in the competition.
- b. Contestants shall bring their own Daedo electronic socks
- c. Contestants shall wear a Taekwondo uniform (Dobok) recognized by WT.
- d. WT recognized protective equipment of head gear, groin guard, glove, forearm & shin guards shall be brought by the participating contestants for personal use and shall be worn inside the Taekwondo uniform. Mouthpiece must be worn.
- e. The Organizer will provide the electronic protectors and electronic head gear and the contestants shall wear the designated trunk protector of the pertinent weight category. Wearing of the WT recognized Taekwondo uniform (dobok) and protective equipment will be checked at the inspection desk prior to entering the contest area. Any contestant wearing unrecognized uniform (dobok) or protective equipment will not be permitted to compete.

Meeting & Drawing

- a. Referee Meeting: 23rd March 2019, 12:30p.m.
- b. Technical Meeting: 23rd March 2019, 1:00p.m.
- c. Drawing Lots: 22nd March 2019, 7:00p.m. (Not for contestants)

Weight-in

- a. Weight-in for contestants by Cities will be held from 4:00p.m. to 6:00p.m. on 22nd March 2019 at **BP International Hotel** (No.8 Austin Road, Tsim Sha Tsui, Kowloon).
- b. During weight-in, the male contestants shall wear underpants and the female contestants shall wear underpants and brassiere. However, weight-in can be conducted in the nude in case the contestant wishes to do so.
- c. Weight-in shall be conducted once. However, one more weight-in will be granted within the time limit if the contestant did not qualify at the first time.

Entry Visa

The Organizer will assist the participating teams for the applicatory the entry visa if requested on or before 28th February, 2019 with submission of the name list. The Organizer will not process any late application.

HEALTH DECLARATION FORM

FEMALE/MALE TEAM

Photo

**To: The Hong Kong Taekwondo Association /
Hong Kong Taekwondo Association Limited**
Room 2012, Olympic House, 1 Stadium Path,
So Kon Po, Causeway Bay, Hong Kong

No player or official can compete in The 23rd Asian Cities Taekwondo Championships (“Championships”) without due completion of this form.

- * Do you have any health problems of any kind? Yes () No ()
(If yes, please explain and provide full details at the bottom of this form)
- * Do you require any special medical attention and/or medication? Yes () No ()

The undersigned, in consideration of his/her participation at The 23rd Asian Cities Taekwondo Championships, agrees to be responsible for his / her own risk, injury (caused by negligence or otherwise) and losses of any kind (if any) in any way in connection with his / her participation in the Championships and the activities relating thereto (including without limitation, the farewell dinner) (“Events”). The undersigned hereby indemnifies and hold harmless The Hong Kong Taekwondo Association and The Hong Kong Taekwondo Association Limited, their managerial officers, employees and personnel against all losses, claim, damage, cost and expenses of any kind in any way in connection with the Events.

The undersigned irrevocably agrees to the terms of this form and declare that any information provided herein is complete and correct.

Personal Information

Full Name: _____

Home Address: _____

Date of Birth: _____

Explanatory Note:

Association’s official seal

Signature of the Participant
(Parent of the Participant shall
sign if the Participant is under
the age of 18)

Date

To: The Hong Kong Taekwondo Association / Hong Kong Taekwondo Association Limited
Room 2012, Olympic House, 1 Stadium Path,
So Kon Po, Causeway Bay, Hong Kong

DECLARATION 聲明

Name/姓名:
Position in the National Association/協會職位:
Name of the National Association/協會名稱:
Address/地址:
.....
Tel/電話:.....Fax/傳真:.....
Email / 電郵

I, the above-named person, hereby declare and confirm that appropriate and adequate insurance has been effected for all the officials and contestants from
(insert the name of your country) participating in The 23rd Asian Cities Taekwondo Championships and activities relating thereof (“Events”). Such insurance covers any and all losses, claim, damage, cost and expenses of any kind in any way in connection with the Events. We hereby indemnify the Hong Kong Taekwondo Association, The Hong Kong Taekwondo Association Limited, their managerial officers, employees and personnel from and against all losses, claim, damage, cost and expenses of any kind in any way in connection with the Events.

.....
Authorized Signatory
(with Association’s official seal)

For and on behalf of the above-named National Association

TRAVEL SCHEDULE

行程表

To: The Hong Kong Taekwondo Association
Room 2012, Olympic House, 1 Stadium Path,
So Kon Po, Causeway Bay, Hong Kong

Nation/國家:.....

Total Number of Persons/總人數:

No. of Officials/隨隊人員人數:No. of Contestants/選手人數:

Hotel Name/酒店名稱:

Arrival Date/抵達日期:.....

Arrival Time/抵達時間:.....

Flight No./航班號碼:

Departure Date/離開日期:

Departure Time/離開時間:

Flight No./航班號碼:

Please return this form to us as soon as possible so that we can proceed with the relevant transportation arrangement.

請盡早日將此表格交回本會，讓我們安排機場接送事宜。